

# Only the Lonely

*Bring it on,*

**MONDAY**

*Groovy, it's*

**TUESDAY**

**Be ...**

**sincere**

**So, here's the story ...**

Jesus and His followers came to a garden full of olive trees, a place called Gethsemane.

He told his friends, "Stay here while I pray."

He took Peter, James and John with Him farther into the garden. Jesus became very sad and His heart felt very heavy.

He said, "My soul is very sad. Stay here and keep watch."

He went forward a little way and fell on the ground. He prayed that what he was about to go through might not happen.

He said, "Father, all things are possible for You. I wish You would take away this thing I must go through. But I pray for Your will to be done, not mine."

Jesus looked around and saw that His friends were asleep.

He said to Peter, "You're sleeping? Couldn't you stay up even for one hour? Watch and pray, so you don't enter into temptation. Your spirit is willing enough, but your flesh is weak."

He went back to pray again. When He returned, He found them asleep again, because they were very tired. They didn't know what to say to Him.

It happened again a third time. He came back and said to them, "Enough, the hour has come. The Son of man is betrayed into the hands of sinners."

**Read the story for yourself in  
Mark 14:32-41**

**Take it to God**

Pray for a particular person for five minutes every day. It can be friend, family or stranger.

Halfway there  
**WEDNESDAY**

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*You wanna be ...*

**Experienced?**

skilled; practiced;  
instructed;  
accomplished; versed;  
trained; broken in.

or

**Incapable?**

inable; incompetent;  
unskilled; not ready;  
limited.



‘Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank Him for all He has done.’

**Philippians 4:6**

Throw your hands up  
**THURSDAY**

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*Make a difference*

**Step up:**

Don’t just sit around being bored or spending all your time doing something that only helps you. Find a way to be there for someone else. It’s more blessed to give than receive. — Acts 20:35

**Take it up a notch:**

- Learn about Jesus, so you can tell your friends about Him.
- Do something to help your parents, like taking out the trash, washing dishes, feeding the pets or vacuuming the house.
- Check on a friend who missed school. Let that person know you noticed he or she was gone, and that you care about how he or she is.
- Make a card or draw a picture for someone.

*Poll your friends ...*

Do you feel like you have to have someone around you all the time so you can be happy?

<b>Yes</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>No</b>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Jesus did lots of miracles while He was on the earth. Read about one of them here:**

Matthew 4:23-24



# FRIDAY

*Finale*

## God is a friend we can talk to all the time

# WEEKEND

*WooHoo!*

A.M.

Sat.

Noon

Sun.

P.M.

Eve

Have you ever prayed to God before? If so, what was the reason you did? Were you upset or scared about something? God's biggest hope is that we will want to spend time with Him. Praying is a great way to do that. We can tell Him absolutely anything. He doesn't mind hearing about your day, your disappointments, your exciting news, or hearing about your dreams. In 1 Thessalonians 5:17, the Bible says we should pray without ceasing. That basically means pray all the time. That doesn't mean He expects us to do nothing but pray every moment of every day and night. He knows there are other things in our day that we have to focus

on sometimes. I think it's more about realizing you can take time often whenever you want to just talk to Him. Sometimes that might mean five or ten minutes in the morning when you get up or just before bed at night, or it may just mean when you have a minute between classes at school or at lunch. The point is, God wants to hear from you. And when you learn to sit quietly with Him in those moments, you'll begin to hear Him talking to you, too. It's often kind of like a whisper in your head, but you know it's not your voice. Try it some time. Jeremiah 33:3 says, "Call unto me, and I will answer you, and show you great things."

*Did you know?*

**Did you know Jesus was born and lived on earth because God sent Him on a specific mission? He came to reconnect the relationship that was broken between God and humankind because they sinned (did wrong when they knew it was wrong). The devil — who was a shady liar — stirred up trouble, telling a twisted story. Instead of sticking to God's instructions, Eve and Adam both chose to buy into the devil's nonsense and suffered the consequences. Read about it in Genesis, Chapter 3.**

# So, let's wrap it up



Vicky's  
view

When I used to read the story about Jesus praying in the Garden of Gethsemane, it used to make me feel so bad for Him. He seemed to me to be so very sad and alone. You could easily tell He was really upset and not at all excited about what was going on around Him — or the path He was about to have to walk. But He knew it was necessary, so He trusted God who knew what He was doing, and He kept pushing forward.

I'd often wonder why His friends were so lousy at being there for Him when He needed them (especially if they loved Him as much as they kept saying they did). We'll never know exactly why the friends did what they did or didn't do — or what was going on in their heads, but I realized it was much more important to focus on what Jesus was doing. Each time Jesus found

them sleeping, He wasn't complaining or getting mad at them because of their lack of support. He wasn't depending on them to get Him through his situation — only God could do that. Maybe He was checking on them so often and trying to encourage them to watch and pray because He knew what THEY were about to face. He knew they would have more hope if they got closer to God like He was doing. They had given in to sleep instead of getting ready for the battle ahead. Struggles in life are going to happen to everybody. When we choose to share with God what's bothering us and trust in Him to see us through — that's when we win. We can be confident (and stop worrying) because we know He's handling it. But when we try to do stuff on our own and stress about everything or just give up — that's when

we lose.

Life is hard. Things will happen that are uncomfortable or just down right miserable. But when we put our faith in Him, when we pay attention (watch) and look to Him (pray) for all we need, God promises to give us what we need to make it through — every time. He already knows what we need.

Jesus knew He was about to go through the hardest thing in his life. He wasn't trying let God know what was going on because God didn't know — of course God already knew what was about to happen. It was all part of a bigger plan. We just can't always see the plan like God does. Jesus knew God, His father, held His life and future in His hands. And that He loved Him dearly and would only do what was best. Jesus knew people couldn't offer Him enough strength

and comfort He needed, He knew only God could take complete care of Him. And since we know everything Jesus ever did on earth was right — and His example to us when He faced hardship was to spend time with God, then that's what we should do especially when we are lonely, miserable and hurting.

By the way, I think it's pretty cool that even when Jesus was right in the middle of struggling with the most difficult things he would ever have to face, he was still making an effort to look out for His friends. Instead of whining and feeling sorry for Himself, He was constantly checking on His buddies, encouraging them.

In fact, that's why He died, so we could live.

More on that later.

*Ponder this:*

**How many times have you smiled this week?  
How often did you make others smile?**

*Take charge of your life; don't behave like a victim:*

**\_\_\_\_\_ has been bugging me lately, bringing me down.  
What can I do to change that? Do I need help  
from someone else? Who?**

*Something good that  
happened this week was:*

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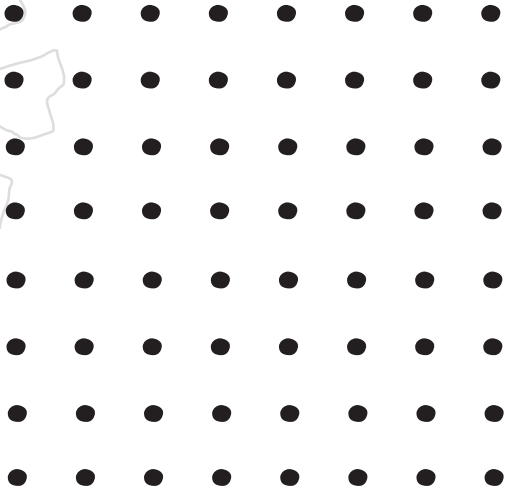
*Let's read:*

**Mark Chapter 14**



## Claiming the promised land

To play, connect two adjacent (next to each other) dots. Take turns with your opponent. If you complete a square, you get another turn. The one with the most squares at the end of the game wins.

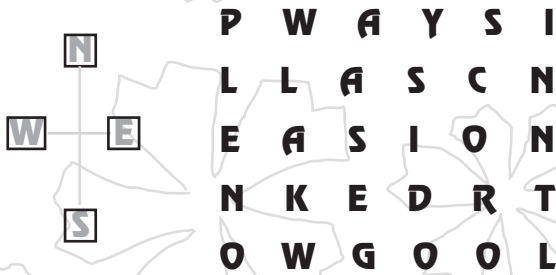


You are ...

# needed

## Wandering the wilderness

Make your way along the words to make a sentence. Your journey will form one single path. You can only go north, south, east, or west and the path must never cross over itself. Start at the northwest corner and finish at the southeast corner.




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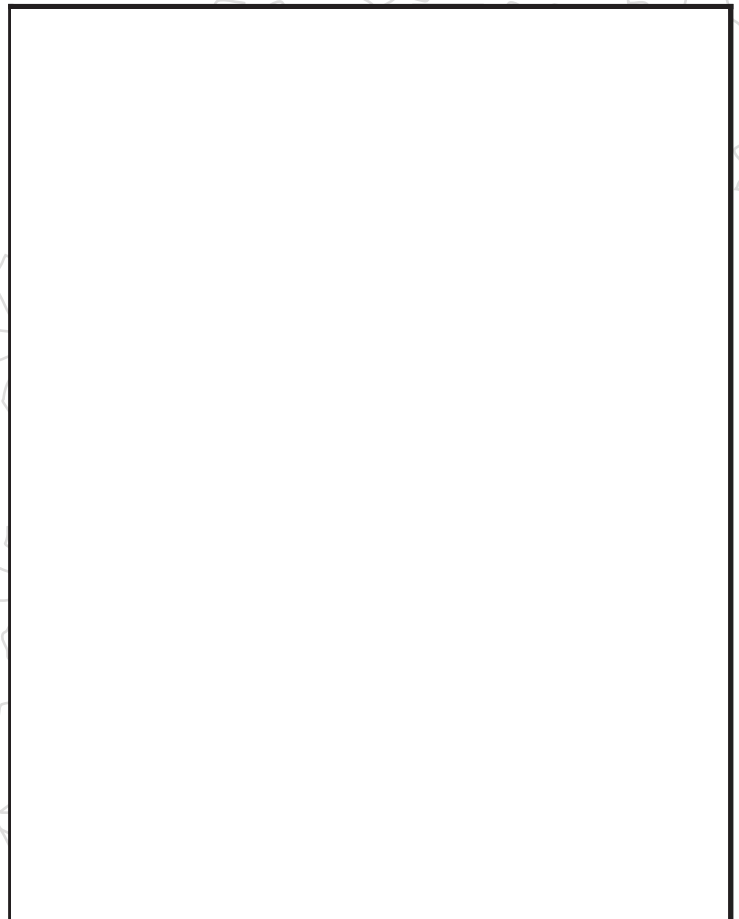
answer on page 329

## Matthew 7:7

Y	A	E	N	A	M	E	S	H	T	E	G
D	P	U	C	E	T	I	R	I	P	S	O
E	P	A	S	S	D	B	H	S	E	L	F
L	U	F	W	O	R	R	O	S	G	E	I
B	T	E	A	R	E	Y	A	R	T	E	B
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R	E	B	H	J	E	S	U	S	P	N	L
T	E	M	P	T	A	T	I	O	N	G	L

GARDEN	DEATH	TEMPTATION
GETHSEMANE	PASS	BETRAYER
WATCH	CUP	TIME
PRAY	SLEEPING	HOURLY
TROUBLED	WILL	SPIRIT
SORROWFUL	JESUS	FLESH

## Doodle Box



# Discover

answer on page 322

